

Antibiotics for Children and the Onset of Intestinal Problems

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Several Yale University researchers verified that the administration of even only one cycle of antibiotics to children under the age of six months can increase the incidence of asthma by 40%. This risk increases to 70% whenever a further second cycle is taken.

Dr George Kassianos, spokesman for the Royal College of General practitioners stated: "We must exercise caution when prescribing antibiotics to children. Furthermore, supported by these recent studies, we will be able to more easily convince parents of the need to avoid antibiotics unless it becomes absolutely necessary".

A new study published in "Gut", demonstrated that children over the age of four years who were prescribed at least one cycle of antibiotics, had a doubled probability of developing diseases of the intestinal tract like Irritable Bowel Syndrome (IBS) and/or Crohn's Disease.

The medical profession is slowly becoming aware that antibiotics can favour the growth of bacteria and other micro-organisms deleterious to the intestine and that can unleash the onset of a variety of health problems.

Furthermore, antibiotics destroy the "good" bacteria and other micro-organisms known as components of the "intestinal bacteria micro-flora".

Dr Anders Hviid of the Statens Serum Institute of Copenhagen, Denmark, who conducted the study, stated that "Antibiotics has been one of the most important of the discoveries of modern medicine, but the choice for their clinical use should be based upon careful evaluation:

"Our study demonstrated a correlation between antibiotics and the onset of intestinal problems, but we cannot conclude that this connection is necessarily a casual one".

It is therefore important to have a healthy intestine. Unfortunately, conventional medicine refuses to recognise and understand the importance of a healthy gut, and seems to want to ignore the problems that can eventuate when it becomes compromised by factors such as antibiotics.

In the opposite camp sits natural medicine, which has long accepted that whenever the number of "good" gut bacteria becomes compromised by antibiotics, oral contraceptives, steroids, prolonged illness or stress, then the digestive tract becomes unstable and "bad" bacteria and/or fungi/yeasts like Candida, naturally present in the body, but counterbalanced by the "good" bacteria, can multiply to an abnormally excessive number.

The parasitic form of Candida can affect health. In fact, the overgrowth of uncontrolled Candida can, if not adequately treated, transform into stubbornly chronic infection.

Candidiasis is one of the major causes, if not the only cause, of Irritable Bowel Syndrome (IBS), Leaky Gut, Leaky Brain, Auto Immune Diseases, Chronic Fatigue, Fibromyalgia, Allergies and Food Intolerances.



According to my mentor William Vayda, author of the book *"Chronic Fatigue the Silent Epidemic"*, Candidiasis has now for many years reached epidemic proportions because of the

great quantity of refined sugars and carbohydrates that are consumed daily in our diet.

This, together with the great diffusion in the use of antibiotics, oral contraceptives, hormone replacement therapies, not to mention corticosteroids and dental mercury amalgams, all increase the risk of developing an abnormal overgrowth in the numbers of fungi and yeasts in the gut.

With time, Candida fungi can penetrate through the intestinal mucosal wall, that has become too permeable, and therefore pass through into the blood vessels and so throughout the body.

Because of this intestinal porousness, protein fractions not yet degraded to amino-acids (called "wild polypeptides") can pass into the circulatory system and can even pass the blood-brain barrier and mimic or act as "false neurotransmitters". (Leaky Gut- Leaky Brain). At this point a whole series of problems can eventuate such as depression, lethargy, chronic fatigue, hangover sensations, panic attacks and anxiety.



The irony is that Candidiasis can be treated very easily with a low carbohydrate/sugar diet, appropriate homotoxicological remedies, (Homotoxicology is an evolution of Homeopathy), nutritional supplements which can arrest the fungal overgrowth, and above

all enable the sufferer to avoid any possibly unnecessary antibiotics.

Those who have discerned and/or think that Candidiasis could be the cause of their problems, would do well to consult a Homotoxicologist, where you will be guided in an individual program of nutrition, Homotoxicology detox and specific Homotoxicology Candida program.

These therapeutic approaches to detoxify the body will rebalance the gut flora and repair any damage to the gut wall's integrity.

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